

Sherry Mourant B.Sc. O.T. Reg. (N.S., NB)

Updated November 2019

Employment History

Harbourside Rehabilitation Inc.
President/ Occupational Therapist
Co- owner/Operations Manager

October 2003- present

Duties: Provision of occupational therapy services, case management services and vocational rehabilitation services including ergonomics assessments, Functional Capacity Evaluations and Cognitive FCE. PGAP provider. Responsible for training and mentoring staff. Responsible for marketing, development of company policies/procedures and quality control.

Nova Scotia Teacher's Union
Staff Occupational Therapist, EIP

2005- 2007

Duties: Provision of occupational therapy and case management services to teachers across the province of Nova Scotia. Responsible to complete assessments and make recommendations, as appropriate. Completed ergonomic assessments and made referrals to community agencies.

Banyan Work Health Solutions
Health Management Specialist/Occupational Therapist

2004- 2005

Duties: Case management and occupational therapy services including job site assessments, ergonomics assessment, workplace facilitation, return to work planning and vocational counselling.

Advantage Rehabilitation Consultants Ltd.
Rehabilitation Consultant/Occupational Therapist

2002-2004

Duties: Provide occupational therapy and rehabilitation consultant services on a contract basis to various companies. Services offered included; Disability case management, return to work planning, conflict resolution, jobsite analysis, Vocational counselling, ergonomic assessments, Transferable Skills Analysis, back care education, ADL and IADL assessments.

Queen Elizabeth II Health Sciences Center
Halifax, Nova Scotia

Jan 1991- April 2002

Duties: Have worked as an occupational therapist on various teams including: Inpatient general medicine (acute); Inpatient stroke/neurology (acute); Geriatrics (long term care, restorative care, GAU); Inpatient orthopedics; Otolaryngology; Outpatient stroke/general neurology rehabilitation; Inpatient vascular surgery; Neurosurgery; Inpatient and

outpatient spinal cord rehabilitation; Inpatient acquired brain injury rehabilitation; Custom seating.

**Queen Elizabeth Hospital
Charlottetown, PEI**

June 1990- Dec 1990

Duties: Sole charge therapist on a 30-bed psychiatry unit. Responsible for scheduling of patient programs. Facilitating patient group therapy and individual sessions. Supervision of an occupational therapy assistant.

Education

Bachelor of Science in Occupational Therapy (1990)
Dalhousie University, Halifax, Nova Scotia

Professional Certifications

- Certified PGAP provider
- Certified Brain FX 360 provider
- Metriks FCE provider

Professional Activities

- Presenter, Infonex conference, Halifax, 2014
- Presenter, Infonex Conference, Halifax, 2013
- Presenter, Atlantic Provinces Trial Lawyers Association Conference, Halifax, 2013
- Presenter, School of Occupational Therapy, Dalhousie University, 2009-2011
- Presenter, *Ergonomics for Pharmacists and Pharmacy Technicians*, Pharmasave Conference (2010)
- Presenter, OT Atlantic (2009)
- Organizing Committee, School of Occupational Therapy 25th Anniversary Celebration (2007)
- Presenter, Lawton's Home Health Education Day (2007)
- Presenter, Tri-Joint Conference, Toronto (2000)
- Presenter, Spinal Cord Rehabilitation Workshop, Halifax (2000)
- Presenter, World federation of Occupational Therapists Conference, Montreal (1998)
- Lecturer, Therapeutic Use of Activity, School of Occupational Therapy, Dalhousie University (1994-1996)
- Researcher, Neurotransplantation Research Group
Dr. I. Mendez, Principal Investigator (1995-1998)
- President, Dalhousie Occupational Therapy Alumni Association (1992-1994)

Courses/Workshops

- Building the Brain: A Neurobiological Approach to Assessment and Intervention, 2018
- Anxiety Interventions: Exposure Therapy and Relaxation Skills Training, 2018
- Vicarious Trauma, 2018
- Trauma- Strategies for Resolving the Impact of Post Trauma Stress, 2018
- Cognitive Behavioral Therapy, 2017
- Brain FX 360 on line course, 2016
- Progressive Goal Attainment Program, 2016
- Concussion Management, 2015
- Infonex Conference, 2014
- HRANS Law Seminar, 2013
- Metriks Functional Capacity Evaluation, 2013
- Cognition: A problem Solving Approach, 2013
- Perspectives in Mental Health Care, 2012
- Psychological Health and Safety: An action Guide for Employers, 2012
- Addictions and Occupational Therapy, 2012
- Team Building, Halifax, 2011
- Cognitive Assessment and Treatment, Halifax, 2011
- Human Resources Association of Nova Scotia Law Seminar, Halifax, 2011
- Canadian Association of Occupational Therapists National Conference, Halifax, 2011
- Executive Dysfunction, Miramichi, 2010
- Jay Seating workshop, Halifax, 2010
- CAOT Conference, Halifax, 2010
- Mental Health Issues and the Workplace, Halifax, 2009
- How to Evaluate Your Business, Bridgewater, 2009
- Current Practice in Ergonomics. Halifax, 2009
- OT Atlantic, Halifax, 2008
- Top 10 Network Marketing Strategies, Halifax, 2008
- Disability Management Workshop, Halifax, 2008
- Psychologically Healthy Workplace Conference, Halifax, 2008
- Duty to Accommodate and Attendance Management workshop, Halifax, 2007
- CMHC Home Adaptations Workshops, Halifax, 2007
- Falls Prevention in the Elderly, Halifax, 2007
- Business Concepts for Occupational Therapists in Private Practice, Distance workshop, 2007
- Delegate, Canadian Association of Rehabilitation Professionals, Moncton, 2006
- Global Office Furniture Ergonomics Update, Halifax, 2006
- Delegate, Canadian Association of Rehabilitation Professionals, Charlottetown, 2005
- BHSOL, Veteran's Affairs Canada, Halifax, 2005
- Workplace Facilitation Workshop, Toronto, 2004
- QuickNoc Pro Workshop, Saint John, 2004

- Ergonomics Update: Enhancing Functional Outcomes, Halifax, 2003
- Advanced Ergonomics: Enhancing Functional Outcomes, Halifax, 2002
- Spinal Cord Rehabilitation, Chicago, 2001
- Jay Medical Seating Workshop, Halifax, 2001
- Delegate and presenter, Tri-Joint Conference, Toronto, 2000
- Best Practice in Challenging Times, Halifax, 2000
- Delegate and presenter, World Federation of Occupational Therapists, Montreal, 1998
- Canadian Association of Occupational Therapists National Conference, Halifax, 1997
- Assessment of Motor and Process Skills, Colorado, 1997
- Cognitive- Perceptual Rehabilitation: a Dynamic Interactional Approach, Halifax, 1994
- Positioning Education Program, Nova Scotia, 1994
- Postural Control and Movement in Adult Neurology, Halifax, 1993
- Dysphagia Management- The Expert Approach, Halifax (1993)

Professional Affiliations

Current member, Canadian Association of Occupational Therapists

Current member, Nova Scotia College of Occupational Therapists

Current member, New Brunswick Association of Occupational Therapists

Current member, Nova Scotia Society of Occupational Therapists